



News Notes

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Navigating Dentists' New Normal: Tips for Heading Back to the Dentist (June 2020)



With dental offices starting to reopen, you might be looking to go in for a routine appointment. Here are some things to keep in mind as you start planning your visit back to the dentist.

Check if your dentist's office is open.

Some areas have allowed their dental offices to open up again, but some have not. Double check that your dentist is seeing patients. If not, it's especially important to keep up with oral care at home until you can get on the schedule.

The waiting experience might look different.

Don't be surprised if the waiting room doesn't have any toys or reading materials. You will probably be encouraged to practice social distancing and may even be asked to stay in your car instead of the waiting room to limit the amount of people inside.

Get ready for new safety practices.

The American Dental Association has provided guidelines to help keep patients, dentists and office staff safe. Your dentist will probably be wearing the recommended protective gear and you may be given some, too. There might also be new health screening and disinfecting measures in place.

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