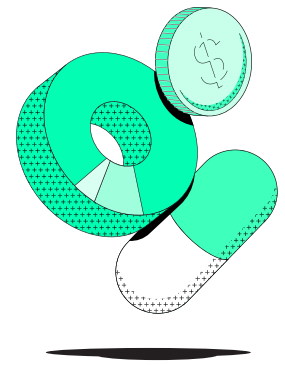


2020

# DRUG TREND REPORT EXECUTIVE SUMMARY



Rising to the challenges of a year like no other, we elevated health and kept costs down in 2020.

## 3.1%

increase in medication use for commercial plans

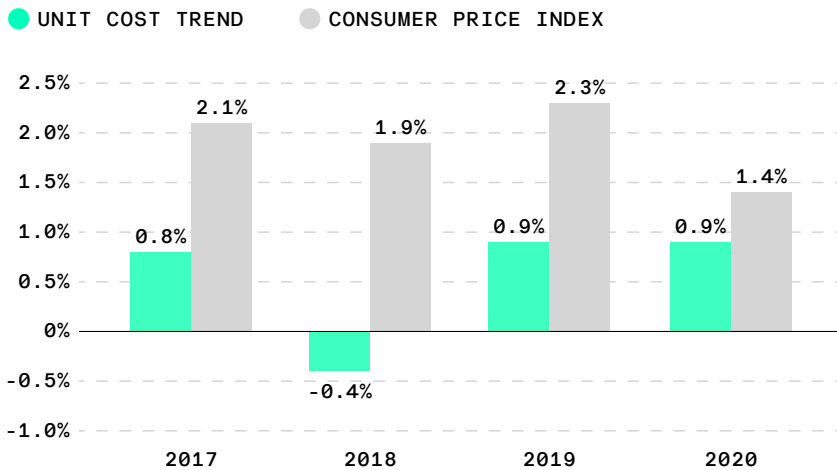
## 0.9%

increase in unit costs, despite a 4.3% rise in brand drug list prices

## 32.1%

of commercial plans spent less per person on Rx drugs

Unit cost trend for commercial plans managed by Express Scripts vs. Consumer Price Index, 2017-2020



### HIGHER ADHERENCE

to medications for preventing heart attack and stroke

DIABETES

↑ 5.0%

HIGH CHOLESTEROL

↑ 3.3%

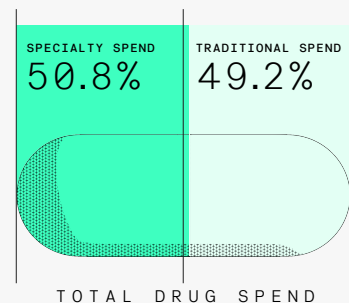
HIGH BLOOD PRESSURE

↑ 3.2%

# \$44.8B

pharmacy savings for patients and plans through our clinical solutions

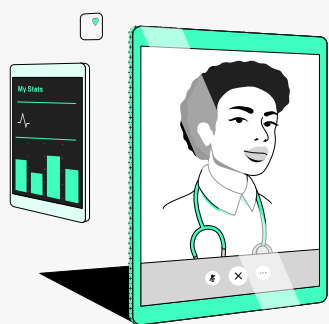
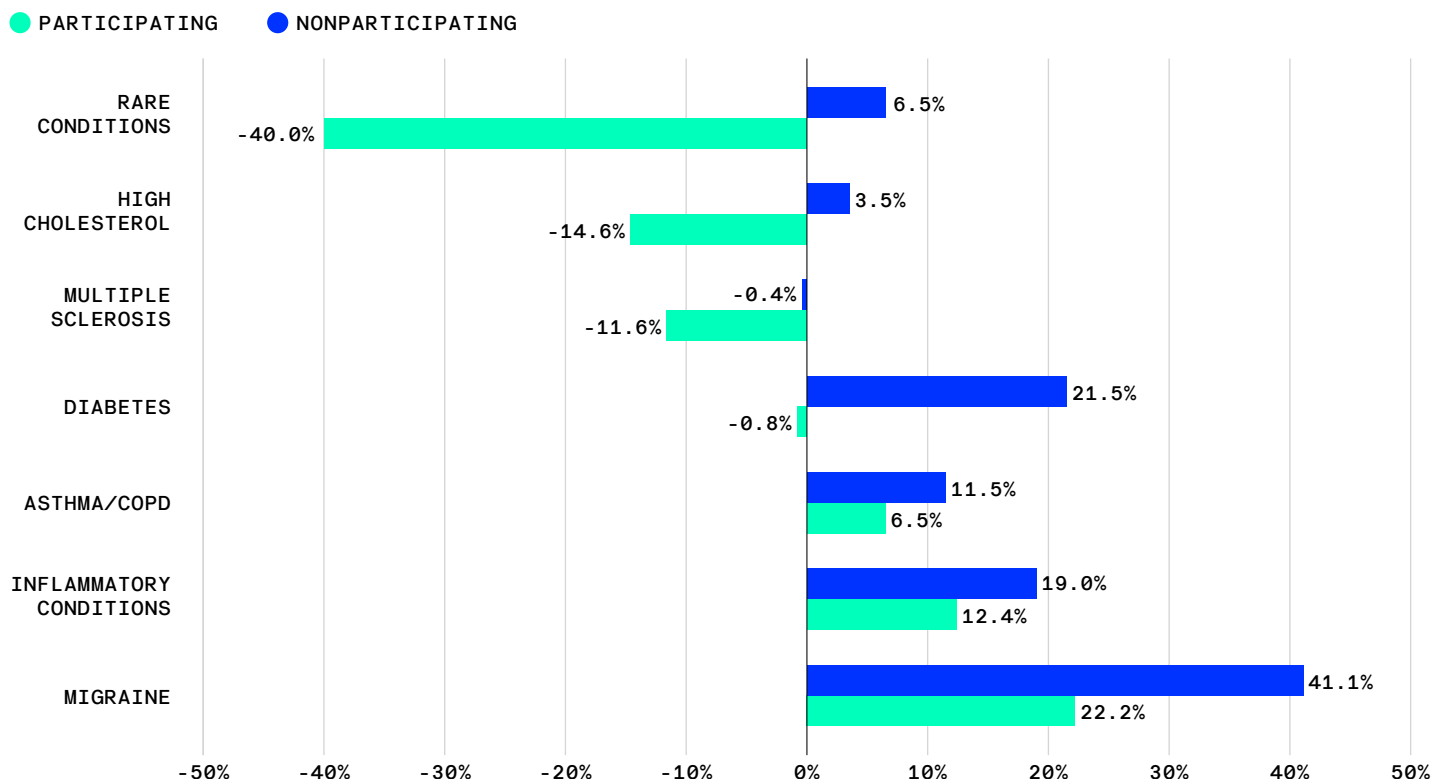
Specialty drugs are used by **less than 2% of the population**. Yet in 2020, they accounted for **51% of spending**.



# Better care and savings for plans participating in our SafeGuardRx programs

Since 2015, our ever-expanding Express Scripts SafeGuardRx® platform has helped improve care and affordability for patients with the toughest medical conditions and their plans. In 2020, participating plans, covering more than 28.6 million Americans, saw better care and lower spending than nonparticipating plans across every one of these therapeutic areas.

Trend for participating/nonparticipating plans in SafeGuardRx programs, by therapy class, 2020



## From crisis. Came care.

As soon as the COVID-19 pandemic began, we helped meet the urgent needs of patients, providers and payers—including creating our COVID-19 Risk Dashboard, offering a mobile-optimized, self-screen tool and launching our comprehensive inMynd<sup>SM</sup> behavioral health solution.

Let's elevate health for all. Together.

[VIEW OUR 2020 DRUG TREND REPORT](#)