



Next Generation Population Health Management

Our revolutionary behavioral health platform promotes total person wellbeing, leveraging all of your benefit investments from a single access point for a flexible, intelligent, and seamless experience.

Managed Behavioral Health

Manage complex cases that affect insurance premiums. Support physical and mental health, safety, attendance, and returns to work during and following episodes.

Condition Management

Help targeted participants discover motivation, recover from slips, and improve quality of life when living with chronic health conditions. From diabetes to COPD, coaches help people get and stay on track.

Maternity Management

Help moms have a healthier experience from pre-conception through pregnancy, including telehealth coaching by nurses, evidence-based content, and postpartum screenings and childcare resources. Worksite services help employers support growing families and plan returns to work for new moms.

Focused Engagement Strategies

Conduct personalized outreach targeting specific engagement goals to improve program participation and outcomes. Inform, connect, remind, and engage eligible participants in benefited resources.

Opioid Addiction Recovery

Improve life quality, eliminate or minimize opioid dependency, and reduce medical and workers comp claim costs through an integrated, multi-specialty, complex case management program for workers with opioid use or abuse.

Monitoring & Toxicology Testing

Hire and keep stable, qualified employees, limiting human and financial risks, by testing and monitoring impaired workers in safety-sensitive positions. Optional home monitoring can also help employees by keeping dependents accountable when recovering from substance abuse.

Employee Assistance Program

Reduce burnout, stress, conflicts, violence, and turnover. Support wellbeing, life balance, and strong leadership while creating a respectful and productive organization.

Resilience Training

Develop resilient employees through personalized coaching and individual practice. Build a mindful and resilient workforce skilled at paying attention, self control, and recovering from challenges faster.

Wellbeing Programs

Promote wellbeing and productivity with interactive, personalized resources, including health coaching and online programs designed to sustain a healthy lifestyle. Identify and intervene with individuals who need support with reaching or maintaining optimal wellbeing.

For more information:

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Engaging Choices
www.ibhsolutions.com