

# An FSA Covers More Than Just Dental & Vision: Help Employees See the Bigger Picture

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Dental & Vision: Help  
Employees See the Bigger Picture**



A [Flexible Spending Account \(FSA\)](#) makes healthcare more affordable by allowing employees to use tax-free dollars to pay for health care expenses not reimbursed by their health insurance plan. While it's typical to use FSA funds for prescriptions, contact lenses and medical bills, employees have even more options when it comes to FSA-eligible products. Here's a look at some everyday items employees can purchase with their FSA funds.

## 1. Over-the-counter medications

As a result of the [Coronavirus Aid, Relief and Economic Security \(CARES\) Act](#), FSA participants can use funds to purchase over-the-counter medications without a prescription. These include:

- Pain relievers like Tylenol and Advil
- Heartburn medications
- Allergy relief
- Acne creams, cleansers or serums
- Cold and flu medications

## 2. Baby products

Using FSA dollars to pay for baby products is a great way for new parents to cut down on costs. Baby health monitors, skincare and sun protection products and feeding pumps are all [FSA-eligible baby products](#).

## 3. Antibacterial ointments

[Antibacterial ointments](#) used for cuts and scrapes can be purchased with FSA funds. These include products like Neosporin, Aquaphor and Hydrocortisone. First aid kits, which usually include antibacterial ointments, are also FSA-eligible.

## 4. Vitamins and supplements

FSA participants can use funds to save on everyday vitamins and supplements. Necessary nutrients for prenatal support, joint health and even electrolytes are all available on the FSA store.

## **5. Joint and muscle pain relievers**

Do you experience muscle aches and strains? Joint and muscle pain relievers like braces, supports, hot and cold treatments for therapeutic pain relief and compression solutions for feet and legs are available for purchase.

### **Save on everyday health and wellness products at our FSA Store**

Clarity's FSA Store is a one-stop-destination for Flexible Spending Accounts where you can buy FSA eligible products, search for services and learn about your FSA. Visit our website to get \$25 off your first order when you sign up today!